

Bunnerong Gymnastics

441 Bunnerong Road Matraville NSW 2036 • (02) 9661 9955

FITNASTICS

Classes are for males & females



Bunnerong Gymnastics
9661 9955
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FITNASTICS!

GET LEAN AT LUNCHTIME!

ABOUT BUNNERONG **GYM**

We are a permanent gymnastics facility located at 441 Bunnerong Road, Matraville. We host a wide variety of Olympic standard gymnastics equipment including foam pits, trampolines, ropes and rings, that are just waiting for you to use to amp up your workout and bring out your inner child!

WHAT WE OFFER

45 minute lunchtime sessions combining strength, conditioning and flexibility to give you an all around body workout, which will have you looking trim this summer and be a whole lot of fun in the process!
Sessions are for all fitness levels and will run:
Monday & Friday from January 29th to April 13th at 12pm.
The cost is \$12 per session.

BUT WAIT THERE'S MORE... We are offering free child minding to any parents who want to come along!

Timetable

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitnastics	12pm-12:45pm				12pm-12:45pm	

Costs

\$12 per session