

# Bunnerong Gymnastics

441 Bunnerong Road Matraville NSW 2036 • (02) 9661 9955

## 2017 FITNASTICS

*Classes are for males & females*



Bunnerong Gymnastics  
9661 9955  
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### FITNASTICS!

GET LEAN AT LUNCHTIME!

ABOUT BUNNERONG **GYM**

We are a permanent gymnastics facility located at 441 Bunnerong Road, Matraville. We host a wide variety of Olympic standard gymnastics equipment including foam pits, trampolines, ropes and rings, that are just waiting for you to use to amp up your workout and bring out your inner child!

### WHAT WE OFFER

45 minute lunchtime sessions combining strength, conditioning and flexibility to give you an all around body workout, which will keep you trim this winter and be a whole lot of fun in the process!

Sessions are for all fitness levels and will run:  
Monday-Wednesday from July 17th to September 20th at 12:45pm

Our Introductory Offer is:  
10 sessions for \$100 or \$12 per session

**BUT WAIT THERE'S MORE...** We are offering free child minding to any parents who want to come along!

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitnastics	12:45-1:30pm	12:45-1:30pm	12:45-1:30pm			